

AMERICAN DIABETES MONTH®
NOVEMBER 2010

MOST PEOPLE DON'T THINK
DIABETES
IS VERY SERIOUS.

Until it hits them.

How will you Stop Diabetes? The future is in your hands.

Share. Act. Learn. Give. Call 1.800.DIABETES,
visit stopdiabetes.com or text* JOIN to 69866.



American Diabetes Association.

**Who: Anyone wanting
Diabetes education &
getting the disease under
control.**

**What: Free Diabetes Care
Classes with light lunch
- No Charge**

**When: Nov 22, Dec 6,
Dec 20, Jan 3
5:30 - 7:00 pm**

**Where: Oakes Community
Clinic, 1200 N 7th St.
Oakes, ND**

**Please register by calling
701.742.3291**

**Organized by: Barb Erlandson,
Certified Diabetes Education,
Licensed Registered Dietitian**

*Standard data and message rates apply.