

CATHOLIC HEALTH INITIATIVES

Volume 1, Issue 1

Care under one roof!

Seeing a provider at one of the Oakes Community Hospital Clinics in Oakes or LaMoure means all your records are here and your care continues from the clinic or emergency room to the hospital and on to specialists if you need more help.

Your care really is Our Purpose.



TOUR OF HOMES DECEMBER 12th.

Double your pleasure this year with the Oakes Hospital Auxiliary Holiday Tour of Homes from 1-5pm and the Good Samaritan Society—Oakes Christmas Tea from 2-4pm. Entertainment, treats, free diabetic screening coupons, 6 beautiful homes. \$10 Tickets available December 1st at OCH & Good Samaritan Society—Oakes

Hospital Hot Topics Oakes Community Hospital



Having your procedures at home just makes good sense.

The community helped build our hospital and in return the hospital is devoted to providing the treatments, tests and services that allow you to stay close to home with employees from around the area for person centered care.

We provide quality services with over 100 employees here to serve you. Our survey results say it all. OCH will be here for the long haul and works diligently to give the care you need.

See us when you need us, we will be here for you.

Administrator

Lee Boyles

Kayla, Kage, and I would like to sincerely thank the community of Oakes, our Oakes Community Hospital (OCH) Board members, and the entire staff at OCH for the warm welcome we have received over our first year in Oakes. We have truly been blessed with the opportunity to be part of such a great community and hospital.

In this issue of our OCH newsletter we will highlight new services and programs, accomplishments and achievements, and feature some of the dedicated staff who serve our facility every-day. Over the past year, OCH has undergone many positive changes to advance healthcare in our region and to better serve those in need of care. Part of our mission at OCH and Catholic Health Initiatives (CHI) is to *move toward the creation of healthier communities*. The opening of our two new outpatient clinics in Oakes and LaMoure are two examples of ways we are increasing access to healthcare, improving quality and patient safety, and ultimately creating healthier communities.



Lee, Kayla & Kage Boyles

At OCH we continually strive to provide the highest quality, safest, and most affordable healthcare to every patient we serve. At the same time, our dedicated staff provides “person-centered” care, meaning we care for you as a whole person with dignity, respect, and compassion. Our “person-centered” care is consistently recognized by our patients and reflected in the high patient satisfaction scores we receive. In the most recent patient satisfaction survey, out of 480-hospitals, OCH was in 97th percentile or the top three percent of all hospitals for overall inpatient satisfaction! The same is true for Emergency Department care where OCH scored in the 99th percentile. The success of these scores is a result of our entire staff working together as a team to provide you with the best care possible.

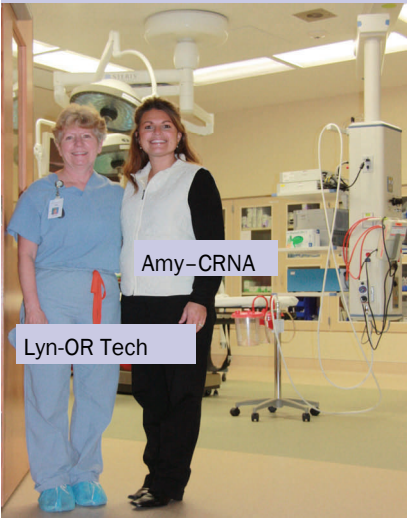
Thank you for placing your trust in us and for allowing us to serve you. Please feel free to contact me or stop by with your ideas for us.

Care Close to Home Procedures you can have at your hospital:

Chemotherapy	Sleep Studies	Surgery
Swing Bed	Digital Mammography	Cardiac Rehab
DEXA Scan	Cardiac Stress Testing	Colonoscopy
Peripheral Arterial Disease Testing	Gastric Bypass Support Group	Outpatient Physical Therapy
Lab Work	MRI & CT Scans	Diabetic Education Classes

Reverence, Integrity, Compassion, Excellence

Operating Room Staff



Amy - CRNA

Lyn - OR Tech

Pictured are Amy Bakke, Certified Registered Nurse Anesthetist and Lyn Haring, Operating Room Tech from the operating room at OCH.

Just like the rest of our staff here, Amy & Lyn provide excellent professional service in a homelike atmosphere and we are proud of our low infection rate in the operating room.

Anesthesia services are offered with colonoscopy & upper endoscopy procedures in addition to the

surgeries here at OCH. We follow national guidelines for infection prevention to provide safe, surgery and prevention of hospital-acquired infections. It makes sense to stay close to home.

Classes & Groups

Weight Support Group

A Gastric Bypass Support Group is being formed at the Oakes Community Clinic. Anyone who has had a weight loss procedure, would like to have a weight loss procedure or is interested in visiting about healthy food ideas is invited to attend.

Oakes Community Hospital Credentialed Medical Staff

Vani Nagala, MD	Chief of Staff , Internal Medicine
Stefanie Gefroh, MD	Vice Chief of Staff , OB/GYN
Robert Hicks, MD	Secretary , Family Practice / ED
Amy Bakke, CRNA	Anesthesia
Mark Bolton, MD	Locum
Chemiti Gopal, MD	Nephrology
Robert Cihak, MD	Otolaryngology
William Collier, MD	Locum
Kathryn Cooper, ACNP	Acute Care
Thomas Cooper, DNP	Family Practice
Ward Fredrickson, MD	Pathology
Nancy Gulsvig, PA-C	Physician Assistant
Vicki Hack, PA-C	Physician Assistant
Scott Harris, MD	Family Practice
Larry Hendricks, PA-C	Physician Assistant
Jeanne Hoistad, PA-C	Physician Assistant
James Johnson, MD	Orthopedic Surgery
Karen Kaiser, CNP	Certified Nurse Practitioner
Laurie Linz, MD	Pathology
Lillian Long, NP	Family Practice
Rudolf Loperena, MD	Locum
James MacDougall, MD	Orthopedic Surgery
Mark Malmberg, DDS	Dentistry
Bruce Morgan, DPM	Podiatry
Rup Nagala, MD	Family Practice & Surgery
John Pabers, MD	Locum
Loretta Pfeifer, PA-C	Physician Assistant
Rajendra Potluri, MD	Locum
Geoffrey Rath, PC	Optometry
Brenda Reich, PA-C	Physician Assistant
Kathy Siedschlag, PA-C	Physician Assistant
Donna Small, MD	Locum
Daniel Stanhiser, MD	Family Medicine
Paul Wasemiller, MD	Surgery
James Weekly, MD	Otolaryngology
Curt Wischmeier, MD	Ophthalmology

AMERICAN DIABETES MONTH
NOVEMBER 2010

WHO: Anyone wanting Diabetes education & getting the disease under control.

WHAT: Free Diabetes Care Classes with light lunch - No Charge

WHEN: Nov 22, Dec 6, Dec 20, Jan 3
5:30 - 7:00 pm

WHERE: Oakes Community Clinic, 1200 N 7th St. Oakes, ND

PLEASE REGISTER BY CALLING
701.742.3291

Organized by: Barb Erlandson, Certified Diabetes Education, Licensed Registered Dietitian

MOST PEOPLE DON'T THINK
DIABETES
IS VERY SERIOUS.

Until it hits them.

How will you Stop Diabetes? The future is in your hands.

Share. Xc2 Learn. Give. Call 1.800.DIABETES, visit stopdiabetes.com or text JOIN to 69966.

STOP DIABETES



Oakes Community Clinic

1200 North 7th Street - Oakes, ND 58474-2502
Phone: (701) 742.3600 Fax: (701) 742.3631



LaMoure Clinic OAKES COMMUNITY HOSPITAL

100 1st Avenue Southwest P.O. Box 599 LaMoure, ND 58458
Phone 701.883.4260 Toll-free 877.854.4260 Fax 701.883.4266

Insurance at our Clinics

Recently a person had asked "If my Blue Cross Insurance Card says Sanford I can't be seen here, right?" But that's wrong. You can change your primary care provider or be seen here out of network.

At Oakes Community Hospital we participate with many local and national insurance plans. Currently we are in network for Blue Cross, Medicare, ND Medicaid, Tricare, Preferred One, Medica, Health Partners, Humana, Dakotacare, America's PPO and United Payors.

When local employers inquire if we can become participating with their company insurance, we strive to accomplish this. Although we do not participate with Medicare Advantage Plans, we do accept the insurance plans and will process according to Medicare guidelines.

With the opening of Oakes Community Clinic & LaMoure Clinic, we have established our own group for Select Choice policies under Oakes Community Hospital. Selecting your choice of provider typically happens at this time of year during open enrollment.

So if you hear someone that is confused please have them give us a call at the business office 701.742.3291 We can guide you through the insurance fog! Please feel free to contact us if you have any questions.

Patient Education Online

Introducing a new site for answers to your medical questions with UpToDate, a trusted resource of doctors and other healthcare providers. Go to: www.uptodate.com/patients/info



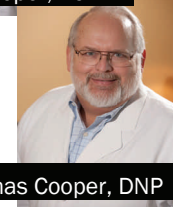
Larry Hendricks, PA
LaMoure Clinic



Dr. Stanhiser, MD



Kathryn Cooper, ACNP



Thomas Cooper, DNP

OCH First in State to Implement eEmergency Technology

eEmergency is part of Avera eCARE™, a suite of innovative technology applications developed to access specialized care for rural hospitals like Oakes Community Hospital. Two-way video equipment in local emergency rooms links emergency-trained physicians at a central hub in Sioux Falls to local ED providers, 24 hours a day, 7 days a week.

"Board-certified emergency medicine physicians take a team approach," says Dr. Don Kosiak, Avera eCARE Services medical director. "It is best when one of us does the critical thinking and one of us does the patient care, so eEmergency is a play out of this team approach in the rural setting," Dr. Kosiak explains, noting the access it gives rural providers, who often practice alone, to an immediate consult on request.

Some of the ways eEmergency supports patient care in the local community include:

- Providing the availability of physician-rendered emergency care 24 hours a day, regardless of location. You will still see your local ED providers along with another set of professional eyes!
- Streamlining access to specialists for better outcomes for patients with trauma, heart attacks and other emergency care issues.
- Reducing unnecessary transfers.
- Supporting activation of emergency transport teams as early as possible, saving seconds. If it's needed, the helicopter is sent right away without the local team leaving your bedside.
- Providing support when the local facility experiences multiple emergency cases at once and assuring patients' families access to a specialty consultation at home.



Certified Chemo Nurses on Staff



Chemotherapy is stressful enough without having uncomfortable travel. Stay close to the comforts of home. Your chemo-therapy needs can be covered here at Oakes Community Hospital with certified Chemo Nurses who work with your oncologist and can blend your medical needs here on site. Our dedicated chemo-therapy room staffed by our spe-

cialized chemotherapy nurses. There's comfort in staying home while getting specialized care.

Outpatient Physical Therapy



Avoid surgery, get post operative help and help eliminate pain without medicine. A referral to our outpatient therapy can help you with:

Arthritis, back pain, balance, dizziness, carpal tunnel, stroke, dislocations, headaches, balance, osteoporosis, or sports injuries.

Treatment plans are tailored to each individual. Maintain your mobility and quality of life.



Oakes Community Hospital

1200 North 7th Street – Oakes, ND 58474-2502
Phone: (701) 742.3291 www.oakeshospital.com

We're on the web with a new design!

www.oakeshospital.com

Reverence, Integrity, Compassion, Excellence

What is Swing Bed? It's not really a bed that swings... Read more.

Ever worry about your parents – you live here – they live there – they are going to have surgery and will be in need of supportive care after the surgery. Where do you go and what do you do? We have had local residents arrange for their loved ones to come to the Oakes Community Hospital Swing Bed Program.

There are situations and circumstances when a patient may have an unexpected surgery or an illness that left them too weak to return home by themselves or it could have been a scheduled surgery for a knee replacement or shoulder surgery and the patient is in need of rehabilitative services such as Physical Therapy and/or Occupational Therapy.

Oakes Community Hospital Swing Bed program can provide your parent, yourself, or other family/friends the supportive care needed. Marian Brodersen (mother of Karen Nelson) recently had shoulder surgery in Bismarck, ND and was not able to return to her home community, but wanted to be near family during her rehabilitation/healing time. Oakes Community Hospital Swing Bed program met their needs. Marian is receiving the Physical Therapy and Occupation Therapy services necessary for her recovery. These services, in Marian's case, are being paid for thru Medicare and her supplemental insurance. Other options of financial coverage that are available are private insurance, Medicaid, and private pay.

Swing Bed care is a positive option for extended care services which may include:

- Daily Physical, Occupational and/or Speech Therapy
- Intravenous (IV) or nutritional therapy
- Specialized care for complex wounds that are not healing well
- Pain management
- End-of-life care

Please contact Oakes Community Hospital Swing Bed Program Coordinator/Social Worker, Jan Quandt, MSW, LCSW at 701-742-3291 for further information.