

CHI Oakes Community Hospital

2022 Community Health Implementation Strategy

Adopted November 2022








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Table of Contents

At-a-Glance Summary	Page 3
Our Hospital and the Community Served	Page 4
About the Hospital	Page 4
Our Mission	Page 4
Financial Assistance for Medically Necessary Care	Page 5
Description of the Community Served	Page 5
Community Assessment and Significant Needs	Page 7
Significant Health Needs	Page 7
2022 Implementation Strategy	Page 8
Creating the Implementation Strategy	Page 8
Community Health Strategic Objectives	Page 9
Strategies and Program Activities by Health Need	Page 10

At-a-Glance Summary

Community Served 	<p>Dickey County, primarily an agricultural community, found in southeastern North Dakota. According to the 2020 U.S. Census, Dickey County had a population of 4,897. Its two largest communities have 2,923 of those residents: Ellendale, the county seat, had a population of 1,125, and Oakes had a population of 1,798.</p>		
Significant Community Health Needs Being Addressed 	<p>The significant community health needs the hospital is helping to address and that form the basis of this document were identified in the hospital's most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are:</p> <table border="1"> <tbody> <tr> <td> <ul style="list-style-type: none"> • Availability of Mental Health Services • Availability of Vision Care </td><td> <ul style="list-style-type: none"> • Depression/Anxiety • Alcohol use and abuse </td></tr> </tbody> </table>	<ul style="list-style-type: none"> • Availability of Mental Health Services • Availability of Vision Care 	<ul style="list-style-type: none"> • Depression/Anxiety • Alcohol use and abuse
<ul style="list-style-type: none"> • Availability of Mental Health Services • Availability of Vision Care 	<ul style="list-style-type: none"> • Depression/Anxiety • Alcohol use and abuse 		
Strategies and Programs to Address Needs 	<p>The hospital intends to take actions and to dedicate resources to address these needs, including:</p> <ul style="list-style-type: none"> • Increase availability of mental health services to community members to either provide treatment at CHI Oakes Hospital through hospital staff or contracted remote staff, or provide referrals for mental health treatment. • Partner with public health and community leaders to increase awareness and education of mental health. • Participate in local community development to recruit a vision care specialist • Collaborate with community leaders to educate and provide support services for individuals suffering from depression and anxiety • Provide increased education and awareness of resources available for alcohol abuse. 		
Anticipated Impact 	<p>Anticipated impact on the focused needs assessment areas are:</p> <ul style="list-style-type: none"> • Increased availability of mental health services to the communities served • Increased availability of vision care to the communities served • Increased provision and awareness of resources to mitigate depression, anxiety, and stress for community members 		
Planned Collaboration 	<p>CHI Oakes Hospital, through partnership with e-Emergency services and partnerships with APP mental health providers, will create opportunities to provide mental health services to patients locally. We will collaborate with the local ministerial association and community leaders to improve support systems for community members to combat depression and anxiety. Hospital leaders will continue collaborative relationships with local economic development to attract qualified vision care specialists to the area.</p>		

This document is publicly available online at the <http://www.oakeshospital.com/>. Written comments on this report can be submitted to CHI Oakes Hospital, Attn: Community Health Needs Assessment, 1200 7th St., Oakes, ND 58474 or by e-mail to joshua.gow@commonspirit.org.

Our Hospital and the Community Served

About the Hospital

CHI Oakes Hospital is a part of CommonSpirit Health, one of the largest nonprofit health systems in the U.S., with more than 1,000 care sites in 21 states coast to coast, serving 20 million patients in big cities and small towns across America.

CHI Oakes Hospital began delivering its healthcare mission in 1923 as the St. Anthony Hospital. In 1950, the Sisters of St. Francis of the Immaculate Heart of Mary purchased the hospital and, eventually, opened a new facility. The Sisters of St. Francis transferred the sponsorship of the Oakes Community Hospital to CHI in 1998.

CHI Oakes Hospital is a 20-bed Critical Access Hospital that provides various inpatient and outpatient services to approximately 14,000 people in southeastern North Dakota. It is also a 24-Hour Emergency Level V Trauma Center. The hospital building was newly constructed in 2007, replacing a 50-year old building, and in 2010, Oakes Community Clinic was opened within the hospital building.

Our Mission

The hospital's dedication to assessing significant community health needs and helping to address them in conjunction with the community is in keeping with its mission.

Mission

The mission of CommonSpirit Health is making the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

Vision

Our vision is to provide a healthier future for all inspired by faith, driven by innovation, and powered by our humanity.

Values

Our values are what brings our mission to life and allows for our vision to become reality:

- Compassion • Inclusion • Integrity • Excellence • Collaboration

Financial Assistance for Medically Necessary Care

It is the policy of CommonSpirit Health to provide, without discrimination, emergency medical care and medically necessary care in CommonSpirit hospital facilities to all patients, without regard to a patient's financial ability to pay. This hospital has a financial assistance policy that describes the assistance provided to patients for whom it would be a financial hardship to fully pay the expected out-of-pocket expenses for such care, and who meet the eligibility criteria for such assistance. The financial assistance policy, a plain language summary and related materials are available in multiple languages on the hospital's website.



Description of the Community Served

Dickey County is located in southeastern North Dakota along the border with South Dakota. Along with the hospital, agriculture and industry provide the economic base for the county. According to the 2020 U.S. Census, Dickey County had a population of 4,897. Its two largest communities have 2,923 of those residents: Ellendale, the county seat, had a population of 1,125, and Oakes had a population of 1,798.

Primarily an agricultural area, Dickey County is a farm and ranch community with many acres of corn and soybeans produced each year. Oakes is proud to have two 110-car grain elevator facilities. Both Oakes and Ellendale boast a large industrial sector as well as progressive main streets with a variety of items available.

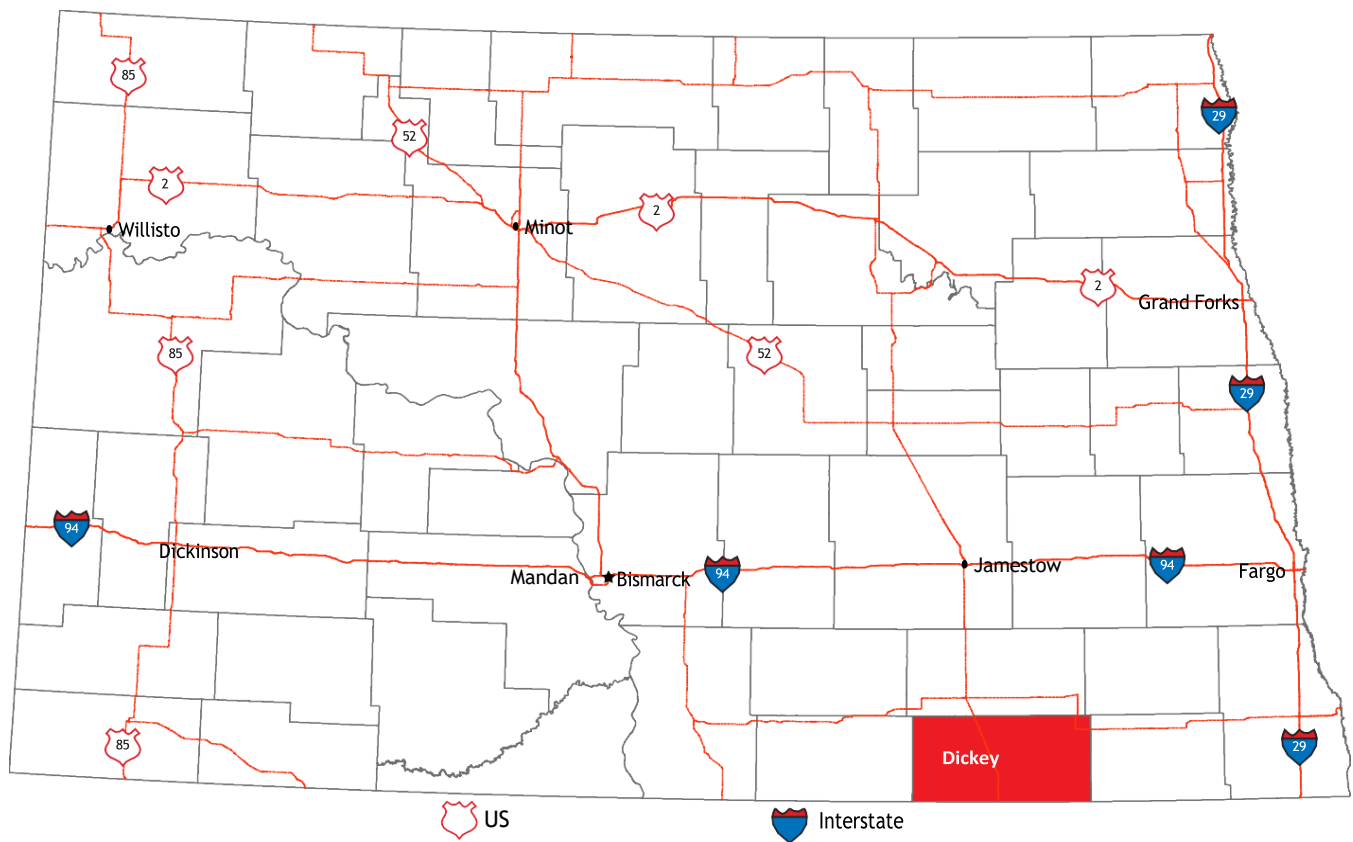
The medical facilities in the county are like none other in rural North Dakota, with well-established clinics, dental offices, chiropractors, an ambulance service, pharmacies, all levels of retirement living, access to home health and hospice services, and, of course, a hospital. Education is highly valued, as evidenced by the modernized K-12 public school systems in both Oakes and Ellendale, Trinity Bible College, and the Southeast Region Career and Technology Center.

Dickey County has several community assets and resources, including modern swimming pools, park facilities, a fitness center, grocery stores, walking paths, hotels, tennis courts, golf courses, and a movie theatre. Hunting and fishing opportunities abound.

Figure 1: Dickey County Socioeconomic Data

	Dickey County	North Dakota
Population (2019)	4,872	762,062
Population change (2010-2019)	-7.8%	13.3%
People per square mile (2010)	4.7	9.7
Persons 65 years or older (2019)	20.7%	15.7%
Persons younger than 18 years (2019)	24.4%	23.6%
Median age (2019 est.)	36.5	35.1
White persons (2019)	95.7%	86.9%
High school graduates (2019)	91.3%	92.6%
Bachelor's degree or higher (2019)	28.8%	30.0%
Live below poverty line (2019)	10.6%	10.6%
Persons without health insurance, under age 65 years (2019)	7.9%	8.1%
Households with a broadband Internet subscription (2019)	79.0%	80.7%

Figure 2: Dickey County



Community Assessment and Significant Needs

The health issues that form the basis of the hospital's community health implementation strategy and programs were identified in the most recent CHNA report, which was adopted in June 2022. The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the [CHNA report](#), which is publicly available on the hospital's website or upon request from the hospital, using the contact information in the At-a-Glance Summary.

Significant Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
Alcohol use and abuse	High rate of alcohol use and abuse in underage population. High rate of alcohol abuse in adult population.	•
Attracting and retaining young families	Attracting young families to the county and retaining them as permanent residents. High housing costs and limited availability deter young families.	
Availability of mental health services	Increased opportunities for residents to receive care for mental health issues.	•
Availability of vision care	Having a vision care provider within the community so residents do not have to travel long distances for care.	•
Cost of health insurance	Increasing costs and decreasing availability.	
Depression/Anxiety	Increased rates of depression, anxiety, and stress noted among adults and youth populations.	•
Having enough childcare services	Childcare providers available to meet all the needs of young families in the community.	
Cost of long-term/nursing home care	Increasing costs associated with long-term and nursing care which is impacting a largely geriatric population. Increased costs with assisted living lead elderly to stay in their homes.	

Significant Needs the Hospital Does Not Intend to Address

CHI Oakes Hospital does not intend to address attracting and retaining young families, housing availability, and having enough childcare services because these fall beyond the scope and mission of our hospital. Hospital staff will continue to collaborate with Oakes economic development leaders as these issues are addressed by the community

CHI Oakes Hospital does not intend to address the cost of health insurance because of limited resources available with Patient Access staff. The cost of long-term/nursing home care will also not be addressed because this falls beyond the scope and mission of CHI Oakes Hospital, and resources are not available to address this need.

2022 Implementation Strategy

This section presents strategies and program activities the hospital intends to deliver, fund or collaborate with others on to address significant community health needs over the next three years, including resources for and anticipated impacts of these activities.

Planned activities are consistent with current significant needs and the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

Creating the Implementation Strategy

CHI Oakes Hospital is dedicated to improving community health and delivering community benefit with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

Hospital and health system participants included CommonSpirit Health national Community Health leaders, CHI Health Midwest Division Community Health leaders, and CHI Oakes Hospital administration, nursing leaders, mission leader, and foundation director.



Community input or contributions to this implementation strategy included the local ministers and community development leaders.

The programs and initiatives described here were selected on the basis of utilizing existing programs and partnerships with evidence of success.

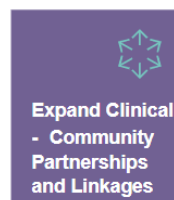
Community Health Strategic Objectives

The hospital believes that program activities to help address significant community health needs should reflect a strategic use of resources and engagement of participants both inside and outside of the health care delivery system.

CommonSpirit Health has established four core strategic objectives for community health improvement activities. These objectives help to ensure that our program activities overall address strategic aims while meeting locally-identified needs.



Create robust alignment with multiple departments and programmatic integration with relevant strategic initiatives to optimize system resources for advancing community health.



Scale initiatives that complement conventional care to be proactive and community-centered, and strengthen the connection between clinical care and social health.



Work with community members and agency partners to strengthen the capacity and resiliency of local ecosystems of health, public health, and social services.





Partner, invest in and catalyze the expansion of evidence-based programs and innovative solutions that improve community health and well-being.


Strategies and Program Activities by Health Need

Health Need: Availability of Mental Health Services					
Anticipated Impact (Goal)	Increase availability of mental health services to community members to either provide treatment at CHI Oakes Hospital through hospital staff or contracted remote staff, or provide referrals for mental health treatment.				
Strategy or Program	Summary Description	Strategic Objectives			
		Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
CHI Oakes Hospital and Clinic	<ul style="list-style-type: none"> Expand relationship with Avera e-Emergency group to assist in providing emergency mental health services. Continue depression screenings for all clinic patients and hospital patients with referrals as needed. Explore the potential expansion of counseling services through existing agencies or local schools. Increase mental health awareness in local service area schools and communities. Sponsor or provide educational opportunities for staff to increase awareness of mental health resources. Continue to provide outpatient behavioral health services in the clinic through the use of Carrington Health services. Continue to pursue partnership with current NP Behavioral Health student to plan for services following graduation. Establish a safe room in the emergency department. 	•	•	•	•
Violence Prevention Coalition	<ul style="list-style-type: none"> Connect individuals suffering from mental health issues related to partner and work place violence to appropriate services. Provide trainings on healthy relationships and intimate partner violence awareness in the community. 	•	•	•	•
Dickey County Health Coalition	<ul style="list-style-type: none"> Collaborate with community leaders to provide increased awareness of mental health concerns and resources in the county. Provide educational opportunities for the broader community on mental health concerns. 	•	•	•	•

Health Need: Availability of Mental Health Services	
Planned Resources	CHI Oakes Hospital will provide clinic and hospital staff who will diagnose and assist in providing mental health referrals. Staff will also be provided to assist in the work of multiple coalitions.
Planned Collaborators	CHI Oakes Hospital will partner with Avera e-Emergency of Sioux Falls, SD, Carrington Health Services, ND Violence Prevention Coalition, Dickey County Health Coalition, and Dickey County Health District.

	Health Need: Availability of Vision Care				
Anticipated Impact (Goal)	Collaborate with local economic development to recruit a vision care provider for the Oakes community and surrounding areas.				
Strategy or Program	Summary Description	Strategic Objectives			
		Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
CHI Oakes Hospital and Clinic	CHI Oakes Hospital and Clinic will provide administrative staff who will be involved in the efforts to recruit an eye care provider to the Oakes community.	•	•	•	•
Oakes Enhancement Incorporated (OEI)	OEI will pursue candidates from the area and provide financial support to attract ideal providers.	•	•	•	•
Planned Resources	CHI Oakes Hospital will provide staff in the recruitment efforts who will represent the hospital.				
Planned Collaborators	CHI Oakes Hospital will collaborate with OEI and other community members.				

 Health Need: Depression/Anxiety						
Anticipated Impact (Goal)	Collaborate with community leaders to educate and provide support services for individuals suffering from depression and anxiety					
Strategy or Program	Summary Description	Strategic Objectives				
		Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact	
CHI Oakes Hospital and Clinic	<ul style="list-style-type: none">Engage community leaders and identify/disseminate resources.Continue depression screenings for all clinic and hospital patients.	●	●	●	●	
Oakes Ministers	<ul style="list-style-type: none">Host a collaborative inter-denominational association comprised of Oakes ministry leaders.Provide spiritual care and resources for community members to address anxiety and depression.	●	●	●	●	
Violence Prevention Coalition	<ul style="list-style-type: none">Raise awareness of depression and anxiety caused by intimate partner violence.Provide healthy relationship training to provide support to individuals struggling with anxiety and depression.	●	●	●	●	
Growing Small Towns	<ul style="list-style-type: none">Local non-profit aiming to develop community in rural communities.Provide community events that strengthen community and allow for positive interactions between community members.	●	●	●	●	
Local Gyms	<ul style="list-style-type: none">Provide opportunity for exercise to better handle anxiety.	●	●	●	●	
Planned Resources	CHI Oakes Hospital will provide administrative staff to collaborate with community members, and medical personnel to diagnose anxiety and depression.					
Planned Collaborators	CHI Oakes Hospital will collaborate with Oakes ministers, Growing Small Towns, and local gyms to provide healthy opportunities to de-stress through exercise and community involvement.					

 Health Need: Alcohol Use and Abuse						
Anticipated Impact (Goal)	Provide increased education and awareness of resources available for alcohol abuse.					
Strategy or Program	Summary Description	Strategic Objectives				
		Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact	
CHI Oakes Hospital and Clinic	<ul style="list-style-type: none">• Provide educational materials to patients on alcohol use and abuse.• Continue screening for alcohol and substance abuse for patients.• Provide counseling services for staff members struggling with alcohol use and abuse.	•	•	•	•	
Oakes Ministers	<ul style="list-style-type: none">• Offer recovery programs for individuals struggling with alcohol use and abuse	•	•	•	•	
Planned Resources	The hospital will provide materials on health effects of alcohol use and abuse, services for staff who struggle with alcohol abuse through Employee Assistance Program.					
Planned Collaborators	The hospital will partner with the local ministers to provide referrals to alcohol recovery ministries where appropriate.					