

McLean 5K Fun Run/Walk 2023
Irrigation Days
CHI Oakes Hospital Foundation

Saturday, June 10th, 2023 @ 8:30 AM Start Time

7:30 - 8:15 a.m. Registration/pick up shirts
 CHI Oakes Hospital/Clinic Parking Lot
 (along Hwy #1, North of Oakes, ND)

- \$20 5K Fun Run/Walk - includes T-shirt/Medal if registered on or before May 29th
- \$25 5K Fun Run/Walk - Registered after May 29th may include T-shirt/Medal, as available
- \$60 5K Fun Run/Walk - Family Rate (Immediate family members: spouse/children)
Includes T-shirt/Medal for each if registered on or before May 29th
- \$75 5K Fun Run/Walk - Family Rate (Immediate family members: spouse/children)
Registered after May 29th may include T-shirts/Medals as available

YOU MAY REGISTER ONLINE AT WWW.OAKESHOSPITAL.COM

REGISTRATION: Name: _____

Family Registration, Names attending: _____

Email: _____

Address: _____

City/State/Zip: _____ Ph: _____

- _____ Entry Fee: 5K on or before May 29th \$20
- _____ Entry Fee: 5K **after** May 29th \$25
- _____ Entry Fee: 5K Family on or before May 29th \$60
- _____ Entry Fee: 5K Family **after** May 29th \$75

T-Shirt Size			
Youth	Qty	Adult	Qty
2 - 4		S	
6 - 8		M	
10 - 12		L	
14 - 16		XL	
		2XL	
		3XL	
		4XL	

MAKE CHECKS PAYABLE TO: OCHF

Please sign the photo release and waiver statement:

In consideration of this entry, I waive and release any claims that I or anyone listed above may have against any of the sponsors involved in the McLean 5K Fun Run/Walk and certify that I/we are physically able to participate. I also give permission to use my/our photographs publically to promote the McLean 5K Fun Run/Walk with no compensation due to us. This may include: print publications, online publications, websites and/or social media.

Signature: _____ Date: _____

Please register online at www.OakesHospital.com or mail or drop off at the hospital
 this registration form along with payment (checks made out to OCHF) to:
CHI OAKES HOSPITAL FOUNDATION 5K, 1200 NORTH 7TH STREET, OAKES, ND 58474
 Call or email Renee Seyer with questions at 701-742-3846; renee.seyer@commonspirit.org
Thank you for your participation!